

REGISTRATION

PARENTS/GUARDIANS NAME: _____

GYMNAST NAME: _____

AGE/DOB: _____

ADDRESS: _____

HOME PHONE: _____

EMERGENCY PHONE: _____

PLEASE CIRCLE WHICH ONE YOUR CHILD ATTENDS FOR HER GYMNASTICS TRAINING:

HIGH SCHOOL YMCA CLUB

NAME OF SCHOOL, YMCA OR CLUB: _____

COMPETITIVE LEVEL IN 2009: _____

EXPECTED LEVEL IN 2010: _____

MEALS, EXCEPT FOR SATURDAY'S DINNER, ARE INCLUDED:

LUNCH CHOICE FRIDAY, PLEASE CIRCLE ONE:

PIZZA HOT DOG MAC & CHEESE CHICKEN NUGGETS

LUNCH CHOICE SATURDAY, PLEASE CIRCLE ONE:

PIZZA HOT DOG MAC & CHEESE CHICKEN NUGGETS

ANY FOOD ALLERGIES? _____

OTHER ALLERGIES? _____

FREE T-SHIRT!

NEW THIS YEAR...WE ARE PROVIDING EVERY CAMPER WITH A T-SHIRT!

CIRCLE YOUR CHILD'S T-SHIRT SIZE BELOW:

CXS CS CM CL AXS AS AM AL

CAMP COST

EARLY REGISTRATION:

\$205 IF REGISTRATION IS RECEIVED BY
MAY 1, 2009

AFTER MAY 1ST: \$235

*NO REFUNDS AFTER MAY 1ST

COMPLETE AND RETURN REGISTRATION
FORM TO:

KIDS FIRST SPORTS CENTER

ATTN: ASHLEY FEUERBACH

7900 E. KEMPER ROAD

CINCINNATI, OH 45249

QUEEN CITY COACHES
HAVE PRODUCED
STATE, REGIONAL AND
NATIONAL CHAMPIONS,
AS WELL AS,
SOME OF THE COUNTRY'S
FINEST COLLEGE
ATHLETES!

FOR MORE INFO...

CONTACT ASHLEY FEUERBACH @

PH: 513-489-7575

Fx: 513-489-9761

QUEEN CITY GYMNASTICS

SUMMER CAMP JUNE 19 - 21, 2009

OUR FANTASTIC CAMP IS STAFFED BY
QUEEN CITY GYMNASTICS AND
GUEST COACHES TO HELP EDUCATE,
ENCOURAGE AND ENHANCE EACH
ATHLETE'S GYMNASTICS TRAINING.

THE WORKOUTS WILL INCORPORATE
GYMNASTICS, TRAMPOLINE, DANCE,
AND MANY OTHER EXCITING
ACTIVITIES!

IN ADDITION TO THE GYMNASTICS
FUN, WE HAVE ADDED SOME NEW
ACTIVITIES THAT WE ARE SURE THE
CAMPERS WILL LOVE!

**COME JOIN US FOR AN EXPERIENCE
LIKE NO OTHER!**

THE DETAILS...

DATE: JUNE 19TH - 21ST, 2009

WHO: LEVELS 3-10

WHERE: KIDS FIRST SPORTS CENTER, HOME OF QUEEN CITY GYMNASTICS

INCLUDES: OVERNIGHT ACCOMMODATIONS IN THE GYM, MEALS AT OUR UN-EVEN BAR CAFE, SWIMMING, TONS OF FUN AND GAMES, A TRIP TO **Co-Co KEYS WATER RESORT** AND THREE DAYS OF GYMNASTICS TRAINING!!!

WATER PARK!

INCLUDED WITH EACH CAMPER'S REGISTRATION IS ADMISSION TO ONE OF THE TRI-STATE'S MOST POPULAR WATER PARKS, **Co-Co KEYS WATER RESORT**. THE GYMNASTS WILL BE TRANSPORTED TO AND FROM THE WATER PARK BY A PROFESSIONAL BUS SERVICE.

WHEN: SATURDAY, AFTER WORKOUT, THE CAMPERS WILL BOARD THE BUS @ 3:45PM AND WILL BE PICKED UP TO RETURN TO KIDS FIRST @ 9:00PM.

SAFETY: CAMPERS WILL BE BROKEN INTO GROUPS ACCORDING TO AGE AND CLUB. GROUP SIZES WILL BE BETWEEN 6-10, DEPENDING ON AGE.

DOES YOUR CHILD NEED A LIFE JACKET TO SWIM (CIRCLE ONE)?

Yes No

*WE WILL PROVIDE **CHAPERONES** TO ENSURE YOUR CHILD'S SAFETY AT THE WATER PARK.

MORE IMPORTANT INFO

OVERNIGHT ACCOMODATIONS ARE FOR GYMNASTS LEVELS 4 AND UP ONLY.

THE WORKOUT SCHEDULE WILL BE MODIFIED FOR GYMNASTS LEVELS 3 & 4.

TENTATIVE SCHEDULE

DAY/TIME	ACTIVITIES
FRIDAY:	
10:30am - 11:00am	Check-In
11:00am - 2:45pm	First Training
2:45pm - 3:30pm	Snack
3:30pm - 6:00pm	Second Training
6:30pm - 8:00pm	Camper BBQ
8:00pm - 9:30pm	Dance Party
10:30pm	Lights Out
SATURDAY:	
7:30am - 8:15am	Breakfast
8:30am - 11:30am	First Training
11:30pm - 1:00pm	Lunch
1:00pm - 3:00pm	Second Training
3:30pm - 8:00pm	Water Park
8:00pm - 9:30pm	Recreational Activities
10:30pm	Lights Out
SUNDAY:	
7:30am - 8:15am	Breakfast
8:30am - 12:00pm	Final Training
12:00pm - 12:30pm	Camper Show

**NEW
IN '09!**

OUR CAMP IS DESIGNED TO BALANCE HARD WORK AND CHALLENGE WITH FUN AND A SENSE OF ACCOMPLISHMENT. OUR MORE ADVANCED ATHLETES WILL HAVE INTENSE TRAINING COUPLED WITH THE RIGHT AMOUNT OF FUN AND OTHER EXCITING ACTIVITIES.

DON'T WORRY ABOUT YOUR YOUNGSTER...WE WILL BE SURE TO OFFER REST, DOWN TIME, AND THE RIGHT BALANCE OF GYMNASTICS FOR OUR YOUNGER ATHLETES. IT WILL DEFINITELY BE A WEEKEND TO REMEMBER!

CAMP COST

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PAYMENT INFORMATION

PAYMENT METHOD:

CCARD#: _____

EXP DATE: _____

CIRCLE ONE: VISA MASTER DISC AMEX

NAME ON CARD AS IT APPEARS:

CHECK:

CASH:

*THE SCHEDULE IS TENTATIVE AND SUBJECT TO CHANGE DEPENDING UPON NUMBER OF ATHLETES REGISTERED.