



**Meet Schedule- Queen City Classic-Check [www.queencitygymnastics.com](http://www.queencitygymnastics.com) for up to date session information**

**GYM A:** This is a Capitol Cup format (warm up gym, competition gym), with the exception of Level 3.  
 Level 6: 1 min. per gymnast + 30 second touch  
 Level 7: 1.5 min. per gymnast + 30 second touch  
 Level 8-10: 2 minutes per gymnast + 30 second touch

**GYM B:** This is a traditional format, 1 set of equipment.  
 Levels 4 & 5: 1 minute per gymnast. Currently, no squads are large enough for a touch.

**PLEASE CHECK SESSION TIMES FOR CHANGES. SOME TIMES HAVE BEEN MODIFIED.**

**GYM A Saturday, January 12th**

<b>LEVEL 9 &amp; 10 61 Athletes</b>	<b>1A</b>	All American, Elite Gym., Exceleration, Geist, Gold Medal, QCG, Sunrise, United Gymnastics, Universal, Michigan Academy
Open Stretch	8:00am-8:30am	
Timed Warm Up	8:30am-8:46am	
March In:	8:50am-9:00am	
1 <sup>st</sup> event Touch:	9:00am-9:05am	
Competition:	9:05am-12:00pm	
<b>LEVEL 7-- 43 Athletes (1.5 min +touch)</b>	<b>2A</b>	All American, American Eagles, CGA, QCG, Universal, Westside
Open Stretch	12:15pm-12:45pm	
Timed Warm Up	12:45pm-12:55pm	
March In:	12:55pm-1:05pm	
1 <sup>st</sup> event touch:	1:05pm-1:08pm	
Competition:	1:08pm-3:15pm	
<b>LEVEL 7--39 Athletes (1.5 min +touch)</b>	<b>3A</b>	Elite Gym., Exceleration, Extreme, Flip N Twist, Geist, Gold Medal, Michigan Academy, Gym Quest, Gym.Central
Open Stretch	3:30pm-4:00pm	
Timed Warm Up	4:00pm-4:10pm	
March In:	4:10pm-4:20pm	
1 <sup>st</sup> event touch:	4:20pm-4:25pm	
Competition:	4:25pm-6:30pm	

- 
- Awards will be immediately following each session.
  - For coaches with larger teams, please bring enough coaches in the event that your team is split into more than 1 squad.
  - We reserve the right to begin each session 10 minutes prior to the scheduled start time.

## **GYM B Saturday, January 12th**

### **LEVEL 4--50 Athletes 1B**

Open Stretch 8:00am-8:30am  
Timed Warm Up 8:30am-9:25am  
March In: 9:25am-9:35am  
Competition: 9:35am-11:30pm

CGA (15), Exceleation (4), Gold Medal (12), GTCO (9),  
Universal (10)

### **LEVEL 4--52 Athletes 2B**

Open Stretch 11:45am-12:15pm  
Timed Warm Up 12:15pm-1:15pm  
March In: 1:15pm-1:25pm  
Competition: 1:25pm-3:20pm

QCG (15), Gymnastics Central (6), Gym Quest (11), Geist (6),  
Universal (11), Elite Gym. (4)

### **LEVEL 5--48 Athletes-QCG 3B**

Open Stretch 3:30pm-4:00pm  
Timed Warm Up 4:00pm-4:45pm  
March In: 4:50pm-5:00pm  
Competition: 5:00pm-6:50pm

CGA (16), QCG (15), Gym Central (7), GTCO (10)

---

## **GYM A Sunday, January 13th**

### **LEVEL 8-57 Athletes (2 min. + touch) 4A**

Open Stretch 8:00am-8:30am  
Timed Warm Up 8:30am-8:46am  
March In: 8:46am-8:55am  
1<sup>st</sup> event touch: 8:55am-9:00am  
Competition: 9:00am-11:45am

All American, CGA, Elite Gym., Exceleation, Flip N Twist,  
Gold Medal, QCG, Sunrise, TWIGS, Universal, Westside,  
Gym Quest, Michigan Academy, Winning Edge, Extreme

### **LEVEL 6-78 Athletes (1 min. + touch) 5A**

Open Stretch: 11:45am-12:15pm  
Timed Warm Up 12:15pm-12:30pm  
March In: 12:30pm-12:40pm  
1<sup>st</sup> Event touch: 12:40pm-12:46pm  
Competition: 12:46pm-4:15pm

CGA, Elite Gym., Exceleation, Geist, GTCO, Gym Quest,  
QCG, Universal, Gym Central, Westside, Winning Edge

### **LEVEL 3- 6A**

Open Stretch 4:30pm-4:45pm  
Timed Warm Up 4:45pm-5:00pm  
March In: 5:00pm-5:15pm  
Competition: 5:20pm-6:00pm

- Awards will be immediately following each session.
- For coaches with larger teams, please bring enough coaches in the event that your team is split into more than 1 squad.
- We reserve the right to begin each session 10 minutes prior to the scheduled start time.

## **GYM B Sunday, January 13th**

### **LEVEL 4--50 Athletes 4B**

Open Stretch 8:00am-8:30am  
Timed Warm Up 8:45am-9:45am  
March In: 9:45am-9:55am  
Competition: 9:55am-12:00pm

Gym Quest (11), CGA (14), QCG (15),  
Winning Edge (6), All American (3)

### **LEVEL 5--45 Athletes-5B**

Open Stretch 12:15pm-12:45pm  
Timed Warm Up 12:45pm-1:45pm  
March In: 1:45pm-1:55pm  
Competition: 1:55pm-3:30pm

Excelleration (9), Gold Medal (10), Universal (10), CGA (16)

### **LEVEL 5--48 Athletes-6B**

Open Stretch 3:45pm-4:15pm  
Timed Warm Up 4:15pm-5:15pm  
March In: 5:15pm-5:25pm  
Competition: 5:25pm-7:00pm

QCG (14), Geist (11), Gym Quest (8), Extreme (9),  
Winning Edge (6)

- **Awards will be immediately following each session.**
- **For coaches with larger teams, please bring enough coaches in the event that your team is split into more than 1 squad.**
- **We reserve the right to begin each session 10 minutes prior to the scheduled start time.**

If you have any questions, please contact me at 513-489-7575 or email me at [Johara@fuse.net](mailto:Johara@fuse.net)

See you soon,  
Jen O'Hara  
QC Gymnastics